

Finding Hope in Ziklag
1 Samuel 30

1 Samuel 18:7

Saul has killed his thousands, but David his tens of thousands.

FLASHPOINT

“Saul has killed his thousands, but David his tens of thousands.”

HIDING PLACE

Psalms 32:7

You are my hiding place - you protect me from trouble...

Psalms 119:114

You are my hiding place and my shield...

Psalms 27:5

In the secret place of His tent He will hide me...

Psalms 31:20

You hide them in the secret place of your presence from the conspiracies of man...

BREAKING POINT

1 Samuel 27:1

David said to himself...

SPIRAL DOWN

- DOUBT
- DISCOURAGEMENT
- DEPRESSION
- DESPAIR

Mental Health

- 30% of adults will suffer from anxiety
- Anxiety disorders up 1200%
- ER Visits - 7.5 million (ages 6-24)
- 13% of adolescents major depression
- Suicide rates up 60% (ages 10-24)



From Judah - To Gath - To Ziklag



LOW POINT

Ziklag is Burning

TURNING POINT

1 Samuel 30:6

But David found strength in the Lord His God.

OPTIMISM VS. HOPE

Father John Neuhaus

"Optimism is a matter of optics, of seeing what you want to see and not seeing what you don't want to see. Hope on the other hand is a Christian virtue."

Gandolf (JRR Tolkien)

"It is not despair, for despair is only for those who see the end beyond all doubt. We do not."

Romans 8:24-25

Now in this hope, we were saved, but hope that is seen is not hope, because who hopes for what he sees? Now if we hope for what we see, we eagerly wait for it with patience.

TURNING POINT

But David found strength in the Lord His God.

- He turns to God
- He asks God
- He obeys God

Where do you turn in hard times?

Where is your hope?

Lamentations 3:21-24

Yet I call this to mind, and therefore I have Hope: Because of the Lord's faithful love we do not perish, for his mercies never end. they are new every morning; great is your faithfulness! I say, "The Lord is my portion, **therefore I will put my Hope in him.**"

2 Chronicles 20:12

We are powerless before this vast number that comes to fight against us. **We do not know what to do, but we look to you.**

Maya Angelou

"**Fear and Hope cannot occupy the same space.** So you invite one to stay. I think we've seen too much fear. So, it is a choice. You have to choose. **I would choose Hope.**"

Psalms 42:11

Why are you cast down, O my soul, and why are you in turmoil within me? **Hope in God; for I shall again praise Him, my salvation and my God.**

Romans 15:13

May the God of Hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in Hope.