



## **The Best Pathway to a Happy Home** Ephesians 4:29-32

Ephesians 4:29-32 (NIV)

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Why we must learn to forgive:

### **I. Because of our position in Christ**

*“An unforgiving Christian is a living contradiction of his new nature in Christ. It is central to the heart of God to forgive, and only the Christian who radiates forgiveness, radiates true Godliness.” - John MacArthur*

### **II. Because of the Commands God has given us.**

Verse 32 – “Be kind and compassionate to one another, forgiving each other...”

### **III. Because of Christ’s example in forgiving us.**

Verse 32 – “...just as in Christ God forgave you.”

Colossians 3:13 (NIV)

“Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.”

### **IV. Because of what controls us when we refuse.**

Verse 31 – “Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.”

2 Corinthians 2:7-11 (HCSB)

“So, now you should forgive and comfort him, ... so that we may not be taken advantage of by Satan; for we are not ignorant of his intentions.”

“The world’s darkest prison is the prison of an unforgiving heart. When we refuse to forgive others we only imprison ourselves and compound our suffering. The most miserable people are those who will not forgive others. They dream about punishing the one who wronged them, and don’t realize that they are only punishing themselves.” - Warren Wiersbe

### **How Do I learn to forgive?**

- Face the fact of own your Unforgiveness.
- Embrace the Cross.
- Give thanks for the offense.
- Choose to Forgive.
- Confess Your Sin.
- Invest in the Offender.
- Thank God for releasing you.