

How to Become a Happy Man Psalm 1

Psalm 1 (HCSB)

How happy is the man who does not follow the advice of the wicked, or take the path of sinners, or join a group of mockers! Instead, his delight is in the LORD's instruction, and he meditates on it day and night. He is like a tree planted beside streams of water that bears its fruit in season and whose leaf does not wither. Whatever he does prospers. The wicked are not like this; instead, they are like chaff that the wind blows away. Therefore the wicked will not survive the judgment, and sinners will not be in the community of the righteous. For the LORD watches over the way of the righteous, but the way of the wicked leads to ruin.

I. Be Separated from the World

Verse 1 – "How happy is the man who does not follow the advice of the wicked, or take the path of sinners, or join a group of mockers!

Proverbs 4:14-16 (NIV)

Do not set foot on the path of the wicked or walk in the way of evil men. Avoid it, do not travel on it; turn from it and go on your way. For they cannot sleep till they do evil; they are robbed of slumber till they make someone fall.

Jude verses 17 -18 (HCSB)

Remember the words the apostles told you, "In the end time there will be scoffers walking according to their own ungodly desires."

- Do not Listen to the Wrong Counsel.
- Do not Seek the Wrong Companions.
- Do not Follow the wrong Crowd.

Psalm 97:10-11 (NIV)

Let those who love the LORD hate evil, for he guards the lives of his faithful ones and delivers them from the hand of the wicked. Light is shed upon the righteous and joy on the upright in heart.

II. Be Saturated with the Word

Verse 2 – "Instead, his delight is in the LORD's instruction, and he meditates on it day and night."

- Find Pleasure in God's Word

Psalm 119:10-16 (NIV)

"I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you. I rejoice in following your statutes as one rejoices in great riches. I meditate on your precepts and consider your ways. I delight in your decrees; I will not neglect your word."

- Be Purposeful with God's Word

Joshua 1:8 (NIV)

Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

III. Be Situated by the Water

Verse 3 – “He is like a tree planted beside streams of water that bears its fruit in season and whose leaf does not wither. Whatever he does prospers.

The Tree of a Godly life will produce:

- The Strength of Deep Roots
- The Sustenance of Good Fruits



Ephesians 2:8-10 (ESV)

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.