



Finding Peace in the Midst of Panic: Elijah's Story  
I Kings 19

1 Kings 19:1-5

Ahab told Jezebel everything that Elijah had done and how he had killed all the prophets with the sword. So Jezebel sent a messenger to Elijah, saying, "May the gods punish me and do so severely if I don't make your life like the life of one of them by this time tomorrow!" Then Elijah became afraid and immediately ran for his life. When he came to Beer-sheba that belonged to Judah, he left his servant there, but he went on a day's journey into the wilderness. He sat down under a broom tree and prayed that he might die. He said, "I have had enough! LORD, take my life, for I'm no better than my fathers." Then he lay down and slept under the broom tree.

I. The Wicked Queen

II. The Weary Prophet

- Trepidation

Verse 3 – "Then Elijah became afraid and immediately ran for his life."

- Isolation

Verse 3, 4 – "...he left his servant and went on a day's journey into the wilderness."

- Desperation

Verse 4 – "...He sat down under a broom tree and prayed that he might die. He said, 'I have had enough! LORD, take my life...'"

III. The Worthy Savior

Verses 5-9 - "Then he lay down and slept under the broom tree. Suddenly, an angel touched him. The angel told him, 'Get up and eat.' Then he looked, and there at his head was a loaf of bread baked over hot stones and a jug of water. So he ate and drank and lay down again. Then the angel of the LORD returned a second time and touched him. He said, 'Get up and eat, or the journey will be too much for you.' So he got up, ate, and drank. Then on the strength from that food, he walked 40 days and 40 nights to Horeb, the mountain of God. He entered a cave there and spent the night. Then the word of the LORD came to him."

- Practical Provision

Verse 6 – "There at his head was a loaf of bread baked over hot stones and a jug of water. So he ate and drank and lay down again."

- Faithful Fellowship

Verses 9-11 – "He entered a cave there and spent the night. Then the word of the LORD came to him, and He said to him, "What are you doing here, Elijah?" He replied, "I have been very zealous for the LORD God of Hosts, but the Israelites have abandoned Your covenant, and killed Your prophets. I alone am left, and they are looking for me to take my life." Then He said, "Go out and stand on the mountain in the LORD's presence."

- Divine Direction

Verses 15 - Then the LORD said to him, "Go and return by the way you came to the Wilderness of Damascus."

- Enabling Encouragement

Verse 18 - "But I will leave 7,000 in Israel--every knee that has not bowed to Baal and every mouth that has not kissed him."