

Coping with the Corona Chaos – Family Edition  
Proverbs 15

Proverbs 15:15-24 (NIV)

A happy heart makes the face cheerful, but heartache crushes the spirit. The discerning heart seeks knowledge, but the mouth of a fool feeds on folly. All the days of the oppressed are wretched, but the cheerful heart has a continual feast. Better a little with the fear of the LORD than great wealth with turmoil. Better a meal of vegetables where there is love than a fattened calf with hatred. A hot-tempered man stirs up dissension, but a patient man calms a quarrel. The way of the sluggard is blocked with thorns, but the path of the upright is a highway. A wise son brings joy to his father, but a foolish man despises his mother. Folly delights a man who lacks judgment, but a man of understanding keeps a straight course. Plans fail for lack of counsel, but with many advisers they succeed. A man finds joy in giving an apt reply — and how good is a timely word! The path of life leads upward for the wise to keep him from going down to the grave.

Five Words of Wisdom:

I. Cultivate Contentment

Verses 16,17 - Better a little with the fear of the LORD than great wealth with turmoil. Better a meal of vegetables where there is love than a fattened calf with hatred.

II. Pursue Peace

Verse 18 - A hot-tempered man stirs up dissension, but a patient man calms a quarrel.

Proverbs 15:1-4

A gentle answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise commends knowledge, but the mouth of the fool gushes folly. The eyes of the LORD are everywhere, keeping watch on the wicked and the good. The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.

III. Love Laughter

Verses 13,15 – A happy heart makes the face cheerful, but heartache crushes the spirit. All the days of the oppressed are wretched, but the cheerful heart has a continual feast.

Proverbs 17:22 (NIV)

A cheerful heart is good medicine, but a crushed spirit dries up the bones.





#### IV. Practice Prayer

Verse 8, 24, 29 - The LORD detests the sacrifice of the wicked, but the prayer of the upright pleases him. The path of life leads upward for the wise. The LORD is far from the wicked but he hears the prayer of the righteous.

#### V. Foster Forgiveness

Proverbs 17:9 (NLT)

Love prospers when a fault is forgiven, but dwelling on it separates close friends.

Colossians 3:12-17 (NIV)

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.